



hosted by **FoothillFORCE**



ALL STAR JUMP ROPE WORKSHOP AND JUDGES TRAINING

When: Saturday, February 20, 2010

Where: West Hollywood Park Auditorium,
647 N. San Vicente Blvd, West Hollywood, CA 90069

Time: 10:00am-4:00pm Workshop & Judges Training
5:00pm - 6:00pm Spectacular All Star Show

Jumper Workshop – All boys and girls in 2nd through 12th grade & adults of any age:

Regional, National, and World Champion members of the USA Jump Rope All Star Team will be here to teach **basic** through **advanced** jump rope skills including single rope, double dutch, long rope, and Chinese wheel in a dynamic day of jumping!

Judges Training – Adults Only:

Get certified by USAJR trainer Monica Foster from the Summerwind Skippers of Boise, ID. Judges Training includes USAJR & AAU Level 1 & Level 2 Skills. Handbooks included.

- ◆ Speed Events
- ◆ Freestyle: Presentation & Content

Each team is required to provide judges for tournaments and competitions in which your team participates. **Parents and Coaches**, help your team and get qualified by one of the best judging trainers in the sport. *No experience necessary.*

Cost

\$25 Jumper Workshop fee

\$25 Judges Training fee

\$10 T-shirt (optional)

\$ 6 Lunch (optional – includes *Subway* sandwich, cookie, fruit & drink)

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership must be obtained before the workshop begins.
- Go to www.aausports.org and purchase AAU Membership as a youth or adult athlete

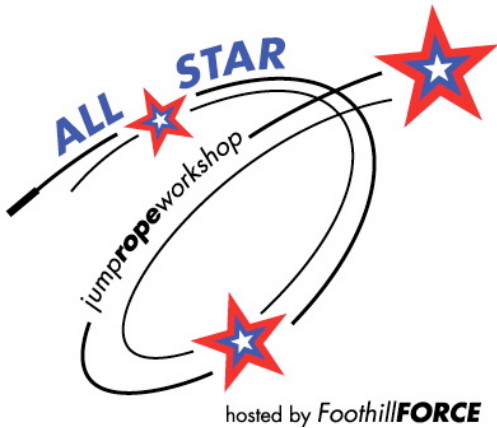
REGISTRATION DEADLINE: FEBRUARY 5, 2010

The number of participants at this event is limited, so please send in your registration ASAP

To download registration forms or for more information please visit our website at www.foothillforce.org or contact Kathy at kweninger@earthlink.net or 818-790-8442

Registration Form

(Fill out one form per participant and one per judge trainee)



Name: _____

AAU Membership Number¹ _____

Grade: _____ Age: _____

Team/School: _____

Home phone: _____/Cell: _____

Please check skill level of **Workshop Participant**:

Basic Elementary Intermediate Advanced

Please check level of **Judges' Training** :

Level 1 (typically for 1st year judges)

Level 1 & 2 (for judges who've attended past training)

hosted by **Foothill FORCE**

Emergency Contact (please provide info for a person who can be called during the hours of the Workshop):

Name _____ phone# _____

Address: _____
Street City State Zip

Medical release and Indemnity Agreement

I hereby request that you accept the application for registration in the Foothill Force All Star Jump Rope Workshop and Judges Training of (participant's name) _____ and in consideration of your acceptance of the application, I hereby release Foothill Force Jump Rope Team, Amateur Athletic Union of the USA, USA Jump Rope, the City of West Hollywood, and all of its facilities and employees, and all persons associated with the Foothill Force All Star Jump Rope Workshop, of and from all claims or causes of injury to the participant arising from participation in the event, whether such injury is a result of negligence or some other cause. If medical attention is required for injury or illness while at the workshop, I give permission for such medical care and will be financially responsible.

Signature: _____ Date: _____

(Please provide signature of parent/guardian if registration is for a person under age 18)

Registration Payment Summary

Workshop Participant

Judges Training Participant

T-Shirt(optional): Circle one size YM—YL—AS—AM—AL—AXL

Lunch (optional – includes 6" Subway sandwich, cookie, fruit & drink):

Check off Items

\$25.00

\$25.00

\$10.00

\$ 6.00

Total \$ _____

Please send **one packet & check per team**, due by **February 5, 2010**

Make checks payable to: "Foothill Force Jump Rope Team"

Mail Registration forms to:

Foothill Force Jump Rope Team

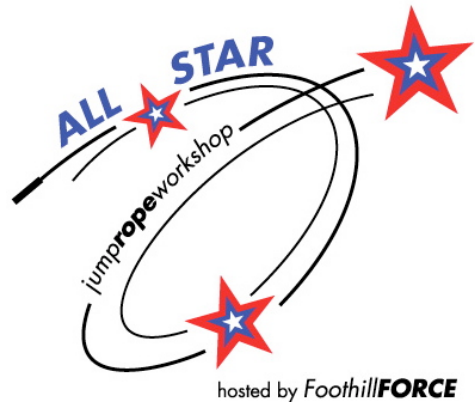
P.O. Box 1483

La Canada Flintridge, CA 91012

To download registration forms or for more information please visit our website at www.foothillforce.org or contact Kathy at kweninger@earthlink.net or 818-790-8442

¹ All participants must have a current AAU Membership. AAU Membership must be obtained before the workshop begins. Go to www.aausports.org and purchase AAU Membership as a youth or adult athlete.

Coaches Packet Registration Summary
 (Please send this page with your registration documents)



Team Name and City/State

Coach's Name

Total Workshop Participants (includes jumpers and coaches): _____ x \$25.00 = \$ _____

Total Judge Trainees:

Level 1 _____ x \$25.00 = \$ _____

Level 1 & 2 _____ x \$25.00 = \$ _____

Total Lunches for Workshop Participants _____ x \$ 6.00 = \$ _____

Total Lunches for Judge Trainees _____ x \$ 6.00 = \$ _____

T-shirts ordered:

Quantity of each size: YM ___ YL ___ AS ___ AM ___ AL ___ AXL ___

Total Number of T-shirts _____ x \$10.00 = \$ _____

Grand Total Payment: \$ _____

Please make **one team check** made payable to "Foothill Force Jump Rope Team"

Participants (first & last names):

- | | |
|-----------|-----------|
| 1. _____ | 16. _____ |
| 2. _____ | 17. _____ |
| 3. _____ | 18. _____ |
| 4. _____ | 19. _____ |
| 5. _____ | 20. _____ |
| 6. _____ | 21. _____ |
| 7. _____ | 22. _____ |
| 8. _____ | 23. _____ |
| 9. _____ | 24. _____ |
| 10. _____ | 25. _____ |
| 11. _____ | 26. _____ |
| 12. _____ | 27. _____ |
| 13. _____ | 28. _____ |
| 14. _____ | 29. _____ |
| 15. _____ | 30. _____ |

Judge Trainees (first and last names)

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |